



Annual Report

FY2024
Singapore



Highlights of 2024

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10th Anniversary of *Realm@Admiralty*

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Our Governance



Encouragement of Good Deeds
for more than 45 years
&
Beyond



Sustainable for more than 45 years

Our Objective

Encouragement of Good Deeds

Our Vision

Promote Social Responsibility

Our Mission

To mobilise and advocate lifelong volunteerism

Our Core Values

Our objective is to create greater community bonding across the board. With our vision, we can nurture personal growth together despite different culture, religions and languages. Eventually, lifelong volunteerism can be an instinct to sustain better living environment.

Our Motto

Your generosity is our sustainability.



Overview of Realm of Tranquility

Realm of Tranquility was registered as a Society on 9th July 1981.

Realm was then registered as a charity under the Charities Act (Chapter 37) since 15th April 1993.

Realm has been accorded IPC (Institution of a Public Character) status from 24th April 2023 to 23 February 2025.

Realm has a Constitution as its governing instrument.

Charity Registration No. S81SS0064C
ROS Registration No. ROS 144/81

Registered Address: Realm of Tranquility
170 Upper Bukit Timah Road
#05-11 Bukit Timah Shopping
Centre Singapore 588179

Activity Centre: Realm@Admiralty
Blk 547 Woodlands Drive 16
#01-177/181/185 Singapore
730547

Bankers: OCBC and UOB
Auditor: Fiducia LLP
Legal Advisor: Mr Aloysius Wee Meng Seng

Organisational Structure

Realm of Tranquility

Founded by Mr Eddie Tay in 1978



- The Caring Unit
Caring Wing
- Island-wide Food
Ration Wing
- The Social media

- Neighbourhood TCM Clinic
- Activities Centre for the
Elderly & Residents
- Serving the Needy
Community

清 一 閣

Founded by Mr Eddie Tay
Legal Advisor : Mr Aloysius Wee

Realm of Tranquility Management Council 2023/2024



Realm of Tranquility has been managed by
a Pro bono Board since day 1

Realm of Tranquility

List of Management Council 2024 Attendance

A total of 1 AGM and 11 Board meetings were held during the financial year. The following sets out the individual Board members' attendance at the meetings:

Board Member	Current Appointment	Occupation	Attendance	Immediate Past Appointment
Chooi May Yin	President since 20/1/2019	Director TC Corporatenet.com Pte Ltd	12/12	Vice President 2006 – 2018
Tan Lay Bay, Rebecca PBM	Immediate Past President since 20/1/2019	Sole-proprietor TC Book-keeper	12/12	President 2004 – 2018
Toh Kim Sok	Vice President since 20/1/2019	TCM Physician Realm of Tranquility	12/12	Committee Member 2018
Sue Yen Ping	Hon Treasurer since 8/1/2023	Accounts Executive TC Corporatenet.com Pte Ltd	12/12	Hon Secretary 2021 – 2022
Ng Siew Lan, Angie	Hon Secretary since 8/1/2023	Senior Financial Consultant Prudential Assurance Singapore Pte Ltd	12/12	Hon Treasurer 2021 – 2022
Maheshwari Vishal	Asst Hon Treasurer since 8/1/2023	General Manager (Finance & Accounts) JSW International Tradecorp Pte Ltd	10/12	–
Liew Yat Hoi, Henry	Asst Ext Affairs since 8/1/2023	Retiree	12/12	Asst Treasurer 2019 – 2022
Yeo Soh Hong, Jo Jo	Internal Affairs since 24/1/2021	Operation Executive Realm of Tranquility	11/12	Hon Secretary 2019 – 2020
Zheng Chun Mu Allen	External Affairs since 8/1/2023	Director Pioneer Energy (S) Pte Ltd	10/12	Asst External Affairs 2021 – 2022
Ong Wen Qing	Asst Hon Secretary since 8/1/2023	AI software Engineer Murata Electronic Singapore Pte Ltd	6/12	Asst Internal Affairs 2021 – 2022

Message

Social Responsibility is a global desire for all. The *Realm of Tranquility's* sole objective "Encouragement of Good Deeds" is basically highlighting Social Responsibility. Indeed, the world leaders were appealing to All during the pandemic period.

The mission of the *Realm of Tranquility* is to mobilise more volunteers and to cultivate lifelong volunteerism for sustainable development in serving the vulnerable community. Therefore, appealing for volunteers to facilitate the growing numbers of vulnerable population is inevitable, in particular, at this digital arena to meet the challenges ahead.

The *Realm@Admiralty* is our daily activities centre having a Neighbourhood TCM Clinic, Caring Unit, and some weekly recreational activities like Qigong18, Zumba (partnering with HPB) and Silver Corridor for the residents and elderly since 24th November 2014.

In addition, we initialised a conducive neighbourhood for the seniors to minimise isolation and depression from loneliness, and encouraged them to participate in community activities and learn to keep pace with digitalization.

The kampong-like of spirit assistance is rendered to anyone in need, regardless of race, language, religion, age, nationality or background. The Caring Wing is one of our arms to extend more in-depth assistance to our Cases, providing customised assistance within our capabilities including Cases referred by MSF and other SSAs.

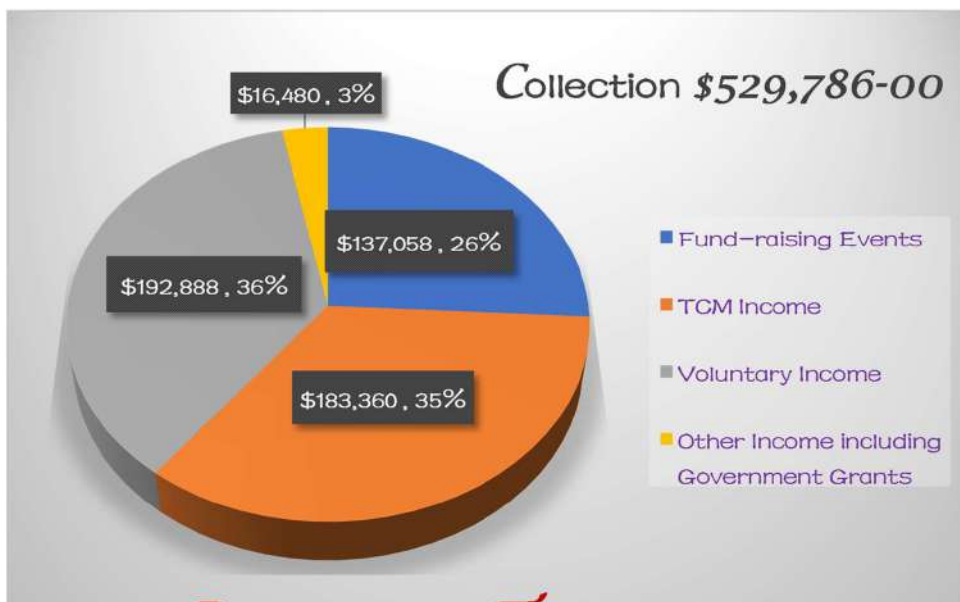
Realm@Admiralty has also accommodated a daily operational legal clinic organised by the Pro Bono SG since January 2024 to serve the vulnerable with long standing legal issues known as the Community Law Centre @Realm.

May I express my heartfelt thanks to Mr Vikram Nair, MP for Sembawang GRC, all partners, stakeholders, Ace the Place CC and the grassroots in supporting our activities; and our volunteers, staff and members who have committed to our sustainable development of the *Realm of Tranquility* to greater heights.

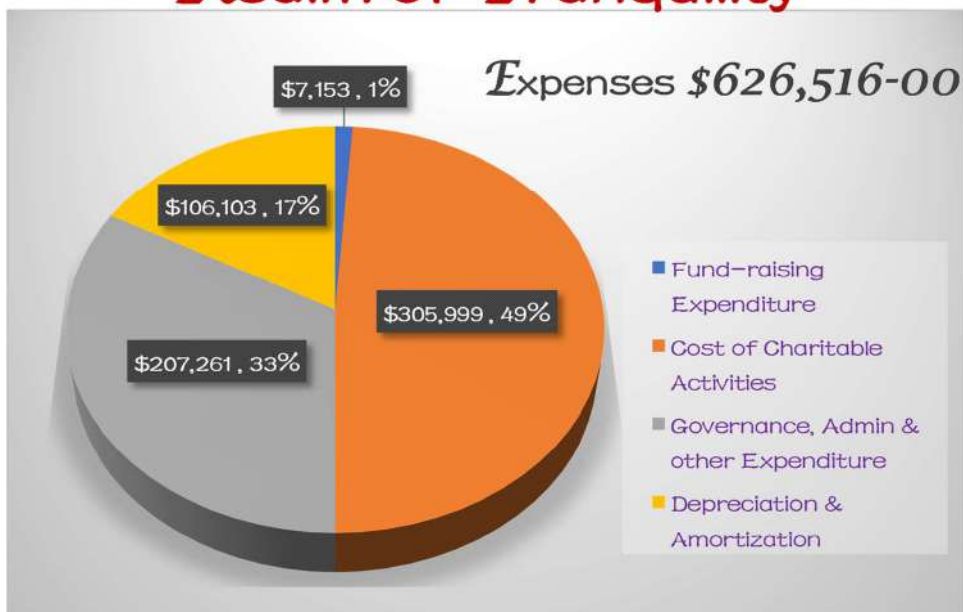
Chooi May Yin B Sc, Grad CG(CSIS)

President

Realm of Tranquility



Realm of Tranquility





Summary Financial Performance 2024

- Total Income \$529,786
- Total Expenditure \$626,516
- Expenses increased by \$80,078 (14%) in the financial year, driven by higher TCM salaries and subsidies, along with increased provisions for supporting needy families.
- Donations reduced by \$235,309 (53%) compared to 2023 largely attributed to the special 45th Anniversary Dinner event that took place in 2023.

Major financial Transactions

There are no major financial transactions in 2024

Purpose of Charitable Assets held

- ☐ Building Fund – held to own a premise of its own
- ☐ Development Fund – held to fund any development project, including the gap between the amount spent and the NCSS grant received for the digitalization.

Fund Raising Projects 2024

Funds Raised	Income	Expenses	Nett
Campaign 250	\$95,055.00	\$291.28	\$94,763.72
2024 New Regime			
Fund Raising	\$36,795.00	\$6,275.00	\$30,520.00






清一閣创办
Established by Realm of Tranquility

邻里中医诊所
Neighbourhood TCM Clinic

Paynow S81SS0064C

问诊时间：星期一至星期六
Opening hours: Monday - Saturday
星期天及公共假期休息
Closed on Sunday & Public Holiday
早上九点半至下午一点 & 下午两点至六点半
Daily 9.30am - 1.00pm & 2.00pm - 6.30pm




2024 TCM OVERVIEW

Month	Number of Patients	Gross Income	Subsidy & Staff/Volunteers Welfare	Net Income
		\$	\$	\$
Jan	501	13,329.00	4,890.00	8,439.00
Feb	419	11,676.00	4,162.50	7,513.50
Mar	590	14,388.00	5,281.00	9,107.00
Apr	608	14,548.00	5,437.00	9,111.00
May	547	13,254.00	5,156.50	8,097.50
Jun	535	12,582.00	4,600.50	7,981.50
Jul	583	14,255.00	5,373.50	8,881.50
Aug	560	13,034.00	4,679.50	8,354.50
Sep	615	14,334.00	4,654.50	9,679.50
Oct	601	14,317.00	5,310.50	9,006.50
Nov	552	13,516.00	5,206.50	8,309.50
Dec	541	12,841.00	4,804.50	8,036.50
Total	6652	162,074.00	59,556.50	102,517.50

清一阁邻里中医诊所 Neighborhood TCM Clinic

问诊

6652 PATIENTS IN 2024

人次

Needy of Caring Unit,

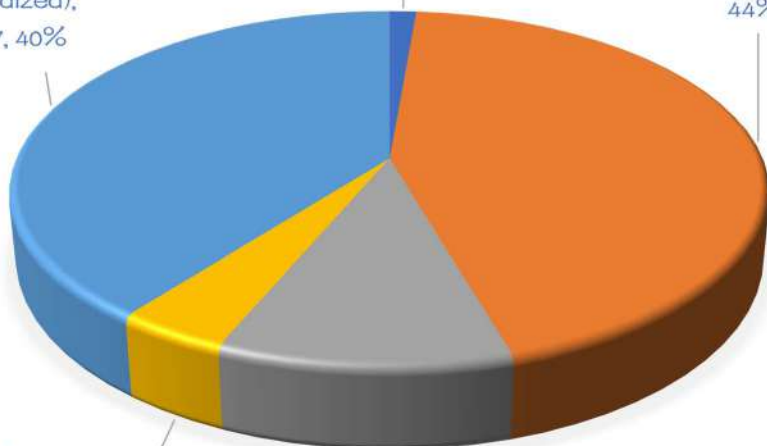
89, 1%

65 years to

79, 2938,

44%

Others(non-
subsidized),
2627, 40%



Staff/volunteers

276, 4%

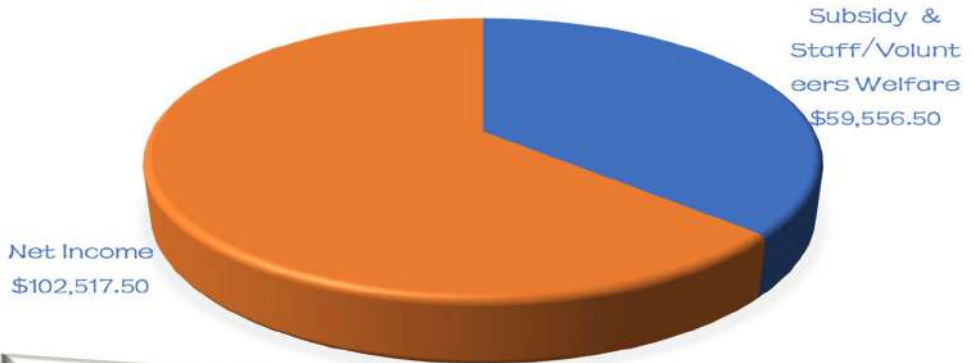
80 years and above,

722, 11%



问诊总收入

2024 TCM GROSS INCOME \$162,074



100% subsidy is provided for the following categories of patients:

- Elderly of 80 years and above
- Physically disabled
- Needy families under Realm's care

50% subsidy is provided for elderly aged 65 – 79

Island-wide Activities 2024

3,186 Households

Distributed provisions to **18** areas of **38** rental blocks of **1062** families every **4** monthly. Distributed 3186 bags of provisions and **15,930kg** of rice in **2024**.

**As good as distributing to 9 families daily
(365 days non-stop)**

记积
得德



Weekly events @ Realm of Tranquility

Every Saturday@8.30am

Qigong @ Realm

Mr Eric, Qigong Instructor,
who is our member
voluntarily conducted for
the seniors/Residents



ZUMBA

2

0

2

4



Every Friday@7.30pm

Zumba @ Realm by Health Promotion Board

14/9/24 2024

More than hundred of residents, elderly & children participated to support this traditional event for the evening...

中
秋
晚
会

Mid-Autumn
Festival
@Realm



Realm of Tranquility Volunteers' Day 2024



Invited Mr. Vikram Nair, MP for Sembawang GRC, to give away appreciation certificates to the volunteers



清一園
义工日
8/12/2024

Collaboration

Collaborated with Admiralty Active ageing committee & Zone 3 Residents' committee



Realm of Tranquility jointly organised a Mandarin Talk on Will and Lasting Power of Attorney held at ACE the Place Community Club. The Speaker was Mr Richard Siaw, a Lawyer. There were numerous interactions and Q&A among the participants and the Speaker.

MANDARIN TALK ON WILL AND LASTING POWER OF ATTORNEY BY LAWYER MR RICHARD SIAW

遗嘱与持久授权书华语讲座
(主讲者：萧锦耀律师)

14 JUL 24 (SUN) | 二零二四年，七月十四日
1PM TO 4PM | 下午1时到4时
ACE THE PLACE CC, MULTI-PURPOSE HALL
景德坊民众俱乐部综合礼堂
FEES \$5/PAK | 每人收费\$5

KARAOKE SINGING (PARTICIPANTS TO BRING OWN VCDs), BUFFET LUNCH, TALK AND SOUVENIR

卡拉OK歌唱 (请自备光碟)，自助午餐，讲座和纪念品

TICKETS AVAILABLE - ACE THE PLACE CC / 66913430
购票处 - 景德坊民众俱乐部 / 66913430



JOINTLY ORGANISED & SUPPORTED BY:

14-07-2024



Mr Richard Siaw

Participation in Community Projects



Tree Planting
By Blossom World
Society

16/03/2024



20/07/2024



Admiralty
YOUNity Harmony Walk
By Admiralty
Harmony Circle

Realm of *T*ranquility

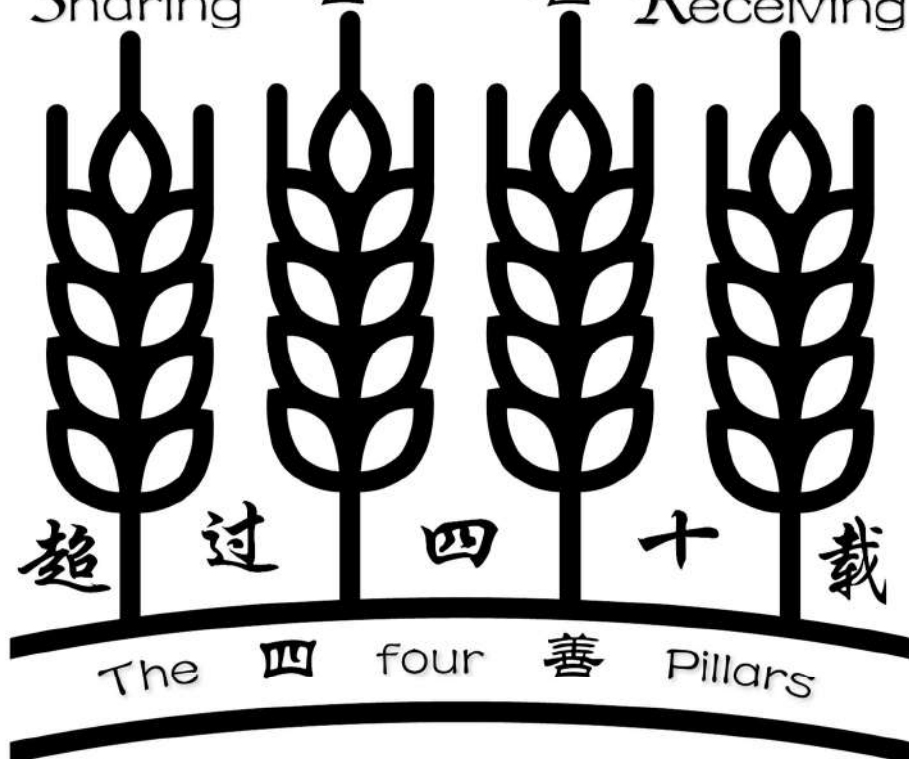
Serving Giving

共善
Sharing

献善

施善

受善
Receiving



群策群力，默默耕耘

Collective Efforts for more than
4 Decades of Sustainability

共Sharing享

Silver Corridor for Seniors

Learning how to perform Google search for any information.

Monthly Digitalisation learning



28-08-2024

Learning Journey visit by
guests from CSF'S

International guest to
Realm of Tranquility

China Delegation from

Ningbo Health Commission

visited Realm of

Tranquility



张静主任率领

宁波市卫健委代表团
访问新加坡清一阁

MENGALAKKAN TANGGUNGJAWAB SOSIAL

促進社會責任全面化

PROMOTING SOCIAL RESPONSIBILITY

21-10-2024

Realm of Tranquility organized a break-fast session supported by Majlis Pusat ~ invited Malay families to enjoy a buffet and to receive goodie bags.



共 Serving 善

Visiting the nursing homes/Homes for the aged on the fourth Sunday of each month.



Jamiyah Nursing Home



共Receiving受



Ms Jo jo Yeo & Mr Henry Liew represented Realm of Tranquility to receive **1500 kg** of rice from Lotus Light Charity Society (Singapore) for our Food Ration.



共Receiving受

F
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13-06-2024

100 package of food
were donated by HP in
collaborated with the
Food Bank, for our food
ration to vulnerable
families

Hewlett-Packard Singapore
Recreation Club



27-09-2024

150 packages of
food were donated
to the Realm of
Tranquility from
Toyogo via Food
Bank





共受

Receiving

22-08-2024

&

28-09-2024

Collecting **220** packages of rice donated by
Loyang Tua Pek Kong Temple for our food
ration scheduled for the vulnerable families.

共 Giving 施

It provides provisions support, financial and customized assistance to the needy families. In 2024, Realm distributed 671 packs of provisions to them. Distributed red packets to all during Lunar New Year as a form of sharing our festive joy with them, too.

Realm has never stopped helping our Cases, not even during COVID.

The Caring Wing is taking care of

59 families as at 31/12/2024



Our volunteers visited the needy occasionally to ensure their basic needs are fulfilled, which includes appliances, mobility equipment, cleanliness, household items, etc. So that they can arrange for replacement and so on.....



1727

pax for the vulnerable families

REALM OF TRANQUILITY			
2024 PROVISIONS DISTRIBUTION SCHEDULE			
Pu Zhao Chan Si Temple - 5kg Rice			
NO.	Location	Date	Pack
1	EDGEFIELD WALK BLK 621A/621B	12/1/2024	113
2	COMMONWEALTH CRESCENT BLK 103/104/106/107	5/3/2024	54
3	Marsiling Rd Blk 3/4/6	9/3/2024	137
4	BUANGKOK CRESCENT BLK 986C/986D	19/3/2024	68
5	EDGEFIELD WALK BLK 621A/621B	14/3/2024	113
6	Marsiling Lane Blk 16	23/3/2024	88
	Woodlands St 83 Blk 852		
	Marsiling Crescent Blk 218		
	Champions Way Blk 569A/569B		
7	TOA PAYOH LORONG 5 BLK 63/64/68(YWCA)	19/4/2024	126
8	TAMPINES ST.22 BLK 299B	17/5/2024	57
	TAMPINES ST.44 BLK 466/471		
9	Marsiling Lane Blk 16	13/7/2024	52
	Woodlands St 83 Blk 852		
	Marsiling Crescent Blk 218		
10	EDGEFIELD WALK BLK 621A/621B	19/7/2024	104
11	BOON LAY DRIVE BLK 188/191	10/8/2024	76
12	TOA PAYOH LORONG 5 BLK 63/64/68(YWCA)	16/8/2024	120
13	Marsiling Lane Blk 16	2/11/2024	84
	Woodlands St 83 Blk 852		
	Marsiling Crescent Blk 218		
	Champions Way Blk 569A/569B		
14	Marsiling Rd Blk 3/4/6	9/11/2024	130
15	EDGEFIELD WALK BLK 621A/621B	15/11/2024	102
16	BOON LAY DRIVE BLK 188/191	30/11/2024	76
17	TOA PAYOH LORONG 5 BLK 63/64/68(YWCA)	6/12/2024	122
18	Ho Ching Rd & Corporation Drive 116/117/118	14/12/2024	59
19	Wellington Circle Blk 512 & 513	29/12/2024	46
		Total	1727

2024

C250行
Campaign
Supported by
loteboard
Community Improvement

行暴跑日
22-12-2024

筹募基金
持续清一阁
社区关怀站

547 Woodlands Dr 16
#01-177/181/185
S730547

辛闻义工毅力~群策群力完成
250公里

CHARITY
TRANSPARENCY
AWARDS 2023

清一阁 1978

Realm
of
Tranquility

记淑
得德

Tel: 68911981

NCSS
National Council of Social Service

IMPLEMENTING TANGGUNG JAWAB SOSIAL
积极社会责任的实践
PROMOTING SOCIAL RESPONSIBILITY

Your generosity is our sustainability



Campaign 250~Raised \$95,055.00





In Appreciation to the success of the Campaign **250**

30/12/2024	Lee Foundation	\$20,000-00
24/12/2024	PDataCare Consultancy Pte Ltd	\$16,320-00
25/11/2024	Octopus8 Private Limited	\$ 8,000-00
25/11/2024	Tan Chuan Ann	\$ 5,000-00
25/11/2024	Ci En Ge	\$ 5,000-00
30/12/2024	Peck Khee Song	\$ 5,000-00
26/12/2024	Golden TCM	\$ 5,000-00
26/12/2024	Forest Stone Interior And Construction Pte. Ltd.	\$ 3,000-00
14/10/2024	Lim Cheng Yap	\$ 3,000-00
25/11/2024	Yeo Hiang Meng	\$ 3,000-00
04/12/2024	Harford Engineering Pte Ltd	\$ 2,000-00
31/12/2024	Robotpack Flexible Automation System (S) Pte Ltd	\$ 2,000-00
30/10/2024	Chen Yew Nah	\$ 2,000-00
24/11/2024	Cheng Yap Construction Pte Ltd	\$ 2,000-00
29/10/2024	Elecom Marketing Pte Ltd	\$ 1,000-00
25/11/2024	Aaron Lim Shi Fan	\$ 1,000-00
09/12/2024	Mah Yap Neng	\$ 1,000-00
26/12/2024	Hu Hai Yan	\$ 1,000-00
31/12/2024	Zheng Chun Mu	\$ 1,000-00
04/11/2024	Li Ying	\$ 1,000-00
30/12/2024	Miscellaneous donors	\$ 7,735-00

Total \$95,055-00

Highlights 2024

COMMUNITY LAW CENTRE



R@A ROOM IS FOR PRO
BONO SG OPERATION
A SET OF KEYS WAS
HANDLED OVER TO THE
CEO ON 3/10/2023.



Launch Ceremony on 19th January 2024 (Fri) Realm@Admiralty



Guest-of-Honour
Mr Masagos Zulkifli
Minister for Social and
Family Development

Realm of Tranquility's Activities Centre

24th
November
2014

24th
December
2024

Realm@Admiralty



10th Anniversary Realm@Admiralty



We thank donors and supporters for attending Realm's 10th Anniversary gourmet dinner. Guests enjoyed the kampong style dinner, performances, and activities showcased by volunteers. More importantly, Realm presented a detailed report of what was done in these 10 years.



The Years Ahead

In the Pipeline 2025 onwards

- 1) Obtain PDPA Certification
 - 2) Working towards Governance Award
 - 3) Focus on Social Media to promote our Mission & Vision
 - 4) 60km@SG60 ~ Fund Raising project
- 2025

Accomplished Outlook 2024

- ✓ Digitisation for better caring in operation
- ✓ Joint project with Republic Polytechnic for Z-Generation's interest with volunteerism
- ✓ Greater participation in community events
 - ✓ Successful In-house celebration of 10th Anniversary of the Realm@Admiralty
- ✓ Campaign 250 ~ Fund Raising Project 2024



2026 ~ Fund Raising Dinner
Aim to raise **\$150,000-00**

2027 ~ Kind Moments Campaign
Aim to raise **\$200,000-00**

2028 ~ 50th Anniversary Gala Dinner
Aim to raise **\$250,000-00**

GOVERNANCE

Role of the Governing Board

The Board's role is to provide strategic direction and oversight of Realm's programmes and objectives and to steer the charity towards fulfilling its vision and mission through good governance. As part of its role, the following matters require Board's approval:

- Approve budget for the financial year and monitor expenditure against the budget
- Review and approve monthly financial statements;
- Regularly monitor the progress of the charity's programmes.

Board members who have served more than 10 consecutive years:

Committee Members served for more than 10 consecutive years were:

Ms Chooi May Yin, Ms Tan Lay Bay, Ms Toh Kim Sok, Ms Sue Yen Ping and Mr Liew Yat Hoi, Henry have been serving for more than 10 consecutive years.

The above committee members, especially Ms Chooi, Ms Tan, Ms Toh and Ms Sue are devoted core volunteers of the organization who have been actively participating in the organization in all areas including programmes and volunteer management, training of new blood and see to the succession plan of the organization.

They are especially passionate for the less fortunate.

Disclosure of Remuneration and Benefits received by Board Members

No Board members were remunerated for their Board services in the financial year. Every serving Board member serves on pro-bono basis since day one of formation.

Disclose of Remuneration of three highest paid staff

Staff were only employed in our activity centre known as Realm @Admiralty for its full-day operation.

None of the charity's staff received more than \$100 000 in annual remuneration each. The four highest paid staff are:

Toh Kim Sok (Chief TCM full time Physician)

Yeo Soh Hong, Jojo (Operation Executive)

Hoe Sor Har, Maggie (Project Executive)

Ng Soh Chin (TCM full time Physician)

Ms Toh Kim Sok and Ms Yeo Soh Hong served on the Governing Board in 2024 as Vice President and Internal Affairs respectively.

There is no paid staff who is a close member of the family belonging to the Executive Head or any Board Member of Realm of Tranquility. In addition, no staff is involved in setting his/her own remuneration.

Reserves Policy

Realm of Tranquility's Reserves Policy is as follows:

The Reserve of Realm provides financial stability and the means for the development of its activities. The Board intends to maintain the reserves at a level sufficient at all times of at least twelve (12) months' value for its operating needs. The Board reviews the level of reserves regularly for Realm's continuing obligations.

For more information on the charity's reserves policy, please refer to Note 19 (page 36) of Realm's Audit Report.

Realm of Tranquility's reserves position for financial year ended 31 December 2024 and 2023 are as follows:

		2024	2023	Increase/ decrease
		S\$'000	S\$'000	%
A	Unrestricted Fund			
	General Fund	1,120	1,228	(8.79)
B	Restricted or Designated Funds			
	Designated Funds	36	36	0
	Restricted Funds	12	1	1,100
C	Endowment Fund	0	0	0
D	Total Funds (Restricted, Unrestricted & Designated)	1,168	1,265	(7.75)
E	Total Annual Operating Expenditure (including Cost of Generating Funds, Cost of Charitable Activities, Governance and Administrative Costs)	627	546	14.84
F	Ratio of Funds to Annual Operating Expenditure (A/E)	1.79	2.25	

Purpose of Restricted Funds

The restricted funds were utilised according to the specific purposes:

Invictus Fund

Invictus Fund is received from National Council of Social Service. The purpose of the grant provided is to support social services provided by the Society.

The Invictus Fund (Tech-and-GOI)

During the financial year ended 31 December 2024, the Society was granted with the Cyber Security & Data Protection Consultancy Fund, this is for the purpose to provide one-on-one consultancy service to the Agency to support the Society in completing the Data Protection Essentials programme.

Realm has disclosed its restricted funds in the Financial Statements, Note 13.2 of page 31 of the credit report, please refer to the Financial Statements for more information.

Conflict of Interest Policy

All Board members and staff are required to comply with the charity's conflict of interest policy.

The Board has put in place documented procedures for Board members and staff to declare annually, actual, or potential conflicts of interests on a regular and need-to basis. Board members also abstain and do not participate in decision-making on matters where they have a conflict of interest. All Board members and staff are required to comply with the charity's conflict of interest policy.

Procurement Contracts

Procurement of goods and services is on an arm's length basis. The organisation does not procure any service from a Board member or his/her relative on less attractive terms than could have been obtained from the open market.

Office Bearers

The office bearers of the Board do not hold more than one post as Office Bearers in the Board.

Finance & Funding

Realm of Tranquility is self-funded. It organizes fund raising events and receives donations from corporations, volunteers, members, and supporters.

There is segregation of duties for the one who receives the donations money, banks in money and does the accounts. All payments are made via bank transfer prepared by the Hon Treasurer/employed accounting staff and approved by the President, with supporting invoices and bills.

The President and Hon. Treasurer remain the authorized joint signatories for all bank documents in 2024.

The financial year end of Realm of Tranquility is 31st December of the year and the Statement of Accounts are always audited.



活动中心

Activities Centre

Since 2014

清一閣社区关怀站

Realm@Admiralty



Blk 547 Woodlands Drive 16 #01-177/181/185 Singapore 730547
Tel 68911981/64693843 Realmoftranquility.com

